

Read: [Psalm 23](#)

Reflect:

God has a way of reaching out to us in the most subtle of ways. While Psalm 23 has been a comfort to countless people for thousands of years during times of crisis, I did not specifically choose it for this time.

There is a schedule of Scriptures used by many churches called the Revised Common Lectionary (RCL); a set of texts to help us use as much of the Bible as possible over 3-year intervals without repeating only our favorites. This week, one of the selected texts was Psalm 23; it was chosen and put on the schedule nearly 50 years ago.

God's rod and staff comfort us as we walk into the unfamiliar future of dealing with a pandemic. We can take comfort in the belief that we are dwelling with God now, and God is walking with us as Spirit in our midst. In these troubling times, it is time to respond to a God who loves us, who fills our cups to overflow so that we may use the abundance from our cup today to reach out to others and fill their cups as well.

Discuss (With God or With Others):

1. What fears do you have about this virus and our current circumstances in the world?
2. Where can we see God in the midst of this disruption and disease?
3. How can we help others and share our cup we know God has already filled?
 - a. Calling/keeping in touch with church people?
 - b. Donating groceries?
 - c. Checking on our neighbors?

Pray:

God of love who overflows our cup and is always with us. Thank you for never leaving us alone. As we face fear and uncertain times, we thank you for your comfort you offer us as you have offered so many generations of Christians before us. Let us fill others cups from ours so we may share as you have so graciously shared with us. In your child, Jesus' Christ's holy name we pray, Amen.